

## Norfolk & Norwich Skin Tumour Unit

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**URGENT TWO-WEEK WAIT REFERRALS CAN BE FAXED TO: 01603 286876**

Dear Colleague,

### **'MEL-FO' - MELanoma FOLlow-up Study**

We are writing to inform you about the above international study which we are undertaking at the Norfolk & Norwich University Hospital. It is a prospective, phase III, randomised trial for the evaluation of a theoretical follow-up schedule in cutaneous melanoma patients. This research will focus on the follow-up of sentinel lymph node biopsy negative patients. The aim of the study is to investigate whether less frequent hospital check-ups than the conventional currently recommended schedule improve the quality of life of melanoma patients and their satisfaction with the follow-up schedule. We will also investigate whether the two schedules are equally effective to detect recurrence and/or a second primary melanoma. We have enclosed the following for your information:

- Patient information sheet regarding the MEL-FO Study
- Patient self-examination information sheet

All sentinel lymph node biopsy negative patients will be offered an opportunity to enrol on to the study. The inclusion criteria are:

- Cutaneous malignant melanoma with AJCC stage IB-II disease (not stage IA)
- Patients between the ages of 18 to 85 years
- Patients who do not have known a second malignancy

The exclusion criteria are:

- Sentinel lymph node positive patients
- Those with microsatellites (AJCC stage III disease)

If you feel you may have suitable patients for the study, please do refer them on to our services. Once recruited into the study, we will arrange follow-up of these patients and keep you informed of their progress. Please feel free to contact us if you have any concerns or questions regarding this study.

With kind regards

Yours sincerely,

**Mr Marc Moncrieff**  
Principle Investigator &  
Consultant Plastic Surgeon

**Dr Jennifer Garioch**  
Principle Investigator &  
Consultant Dermatologist

**Mr Nakul Patel**  
Investigator &  
Plastic Surgery Registrar